

THE  
NEW YORK PALACE

## Healthy Alternatives

### **Madison Avenue Jogger**

*freshly squeezed juice, oatmeal or cold cereal with berries,  
bran muffin, coffee or tea or skim milk*

### **Ruby Red Half Grapefruit Sliced Seasonal Melon Seasonal Berries**

### **All Natural Yogurt**

*plain or raspberry or strawberry*

### **Market Fresh Fruits & Berries**

*cottage cheese or plain or fruit yogurt*

### **Steel Cut Oatmeal**

*peaches and cream or brown sugar*

### **Assorted Cold Cereals**

*All-Bran, Grape Nuts, low-fat granola, Mueslix, Raisin Bran, Cornflakes,  
Rice Krispies, Frosted Flakes, Special-K, with fresh fruit*

### **Home Made Muesli**

*green apples, Red Grapes and Toasted Pecan*

## Baked Goods

### **Plain or Chocolate Croissant**

### **Muffin**

*bran, blueberry or banana with Chocolate Chip*

### **Toasted Bagel**

*plain, sesame, everything or cinnamon-raisin  
with low-fat or regular cream cheese or lox cream cheese*

### **Hearth Baked Bread**

*semolina, white, rye, seven-grain, English muffin*

**Baked goods are served with premium butter and imported preserves.**

For your convenience, a 15% service charge and applicable taxes  
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## Entrées

### **American Breakfast**

*freshly squeezed juice, two eggs any style, bacon or sausage, dauphine potatoes, toast, coffee or tea or milk*

### **Continental Breakfast**

*freshly squeezed juice, plain and chocolate croissant, muffin, coffee or tea or milk*

### **Japanese Breakfast**

*Glazed Salmon ,Miso Soup, Mirin Japanese Omelet, Steamed Sticky rice, Pickled Cucumber & Eggplant, Chilled Tofu with Bonito flakes & Wasabi Tobiko, Pickled Daikon & Plum, Dried Nori, Green Tea.*

### **Smoked Salmon on Toasted Bagel**

*marcarpone cheese, tomatoes, onions, capers, lemon wedge*

### **Chèvre, Confit Tomato and Chive Omelet**

*dauphine potatoes, choice of toast*

### **Grilled Petit Filet Mignon**

*scrambled eggs, truffles*

### **Eggs Benedict**

*poached eggs on an English muffin, Canadian bacon, hollandaise sauce*

### **French Toast with Toasted Almonds and Bananas**

*country sausage*

### **Egg White Fritata**

*asparagus, pear tomatoes, mushrooms, basil*

### **Lemon Blueberry Pancakes**

*powdered sugar, fresh blueberries, maple syrup*

### **Cinnamon & Raisin Waffle**

*honey-hazelnut butter*

### **Two Eggs any Style**

*dauphine potatoes, toast*

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**Juices**

Freshly Squeezed  
*orange, grapefruit,  
cranberry, tomato, prune,  
apple, V-8*

**Hot Beverages**

Mocha Java Coffee  
Espresso  
Cappuccino  
English Breakfast Tea  
Hot Chocolate,  
Milk

**Sides**

Canadian Bacon  
Peppered Bacon  
Pork Sausage  
Dauphine Potatoes  
Chicken Sausage

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